

HANDOUT 5G

Bullying Behaviors Chart



MILD	MODERATE		SEVERE
PHYSICAL AGGRESSION			
<ul style="list-style-type: none"> ♦ Pushing ♦ Shoving ♦ Spitting 	<ul style="list-style-type: none"> ♦ Kicking ♦ Hitting 	<ul style="list-style-type: none"> ♦ Defacing property ♦ Stealing 	<ul style="list-style-type: none"> ♦ Physical acts that are demeaning and humiliating, but not bodily harmful (e.g., de-panting) ♦ Locking in a closed or confined space ♦ Physical violence against family or friends ♦ Threatening with a weapon ♦ Inflicting bodily harm
SOCIAL ALIENATION			
<ul style="list-style-type: none"> ♦ Gossiping ♦ Embarrassing 	<ul style="list-style-type: none"> ♦ Setting up to look foolish ♦ Spreading rumors about 	<ul style="list-style-type: none"> ♦ Ethnic slurs ♦ Setting up to take the blame 	<ul style="list-style-type: none"> ♦ Publicly humiliating (e.g., revealing personal information) ♦ Excluding from group ♦ Social rejection ♦ Maliciously excluding ♦ Manipulating social order to achieve rejection ♦ Malicious rumormongering ♦ Threatening with total isolation by peer group
VERBAL AGGRESSION			
<ul style="list-style-type: none"> ♦ Mocking ♦ Name calling ♦ Dirty looks ♦ Taunting 	<ul style="list-style-type: none"> ♦ Teasing about clothing or possessions 	<ul style="list-style-type: none"> ♦ Teasing about appearance 	<ul style="list-style-type: none"> ♦ Intimidating telephone calls ♦ Verbal threats of aggression against property or possessions ♦ Verbal threats of violence or of inflicting bodily harm
INTIMIDATION			
<ul style="list-style-type: none"> ♦ Threatening to reveal personal information ♦ Graffiti ♦ Publicly challenging to do something 	<ul style="list-style-type: none"> ♦ Defacing property or clothing ♦ Playing a dirty trick 	<ul style="list-style-type: none"> ♦ Taking possessions (e.g., lunch, clothing, toys) 	<ul style="list-style-type: none"> ♦ Extortion ♦ Threats of using coercion against family or friends ♦ Coercion ♦ Threatening with a weapon
RACIAL AND ETHNIC HARASSMENT			
<ul style="list-style-type: none"> ♦ Joke telling with racial or ethnic targets 	<ul style="list-style-type: none"> ♦ Exclusion due to ethnic or cultural group membership 	<ul style="list-style-type: none"> ♦ Racial or ethnic slurs 	<ul style="list-style-type: none"> ♦ Verbal accusations, putdowns ♦ Public humiliation ♦ Destroying or defacing property due to ethnic or cultural group membership ♦ Physical or verbal attacks due to group membership
SEXUAL HARASSMENT			
<ul style="list-style-type: none"> ♦ Sexual or "dirty" jokes ♦ Conversations that are too personal 	<ul style="list-style-type: none"> ♦ Howling, cat calls, whistles ♦ Leers and stares 	<ul style="list-style-type: none"> ♦ "Snuggies" (pulling underwear up at the waist) ♦ Repeatedly asking someone out when he or she isn't interested 	<ul style="list-style-type: none"> ♦ Spreading sexual rumors ♦ Pressure for sexual activity ♦ De-panting ♦ Cornering, blocking, standing too close, following ♦ Sexual assault and attempted sexual assault ♦ Rape

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